



ST. PHILIP'S LUTHERAN SCHOOL

Preparing Believers, Achievers, and Leaders for Christian Lives of Service

Warrior Weekly

Wednesday, January 24, 2024

www.stphilipmilwaukee.com

THEME FOR THE 2023-2024 SCHOOL YEAR



Isaiah 41:10

*So do not fear, for I am with you; do not be dismayed, for I am your God.
I will strengthen you and help you; I will uphold you with my righteous right hand.*



St. Philip's Lutheran Church

Everyone is invited to attend our Sunday worship services at 10:30AM.

Bible class begins at 9:30AM.



Open Enrollment

Enrollment for the 2024-2025 school year begins **Thursday, February 1, 2024.**

All current students must re-enroll at SPLS every year to secure their seat.

Seats may be limited due to possible multi-grade classrooms. Do not delay!

Applications can be submitted through the School Choice website at

<https://sms.dpi.wi.gov/ChoiceParent/>

Residency documentation (W-2, recent pay stub, WE Energies statement, etc.) can be turned in to the school office, or sent electronically to splsoffice@stphilipmilwaukee.com

WHAT'S HAPPENING THIS WEEK AT ST. PHILIP'S

- Wednesday, January 24** Chapel 8:15AM
Girls BB Practice 3:30-5:00PM
- Thursday, January 25** BB Games AWAY at Risen Savior – East Campus
3909 W Clinton Ave, Milwaukee
B-Team Girls play at 4:30PM
B-Team Boys play at 5:20PM
- Sunday, January 28** Worship Service 10:30AM
- Monday, January 29** BB Games AWAY at Christ the Lord, Brookfield
1650 N Brookfield Road, Brookfield
B-Team Girls play at 4:30PM
B-Team Boys play at 5:20PM
- Tuesday, January 30** Junior Choir 3:30-4:30PM
Boys BB Practice 3:30-4:30PM
- Wednesday, January 31** Chapel 8:15AM
Girls BB Practice 3:30-4:30PM
- Thursday, February 1** Boys BB Practice 3:30-4:30PM
OPEN ENROLLMENT FOR 2023-2024 SCHOOL YEAR BEGINS
<https://sms.dpi.wi.gov/ChoiceParent/>
- Friday, February 2** BB Games HOME vs. St. Lucas
B-Team Girls play at 4:30PM
B-Team Boys play at 5:20PM

Check out the website at www.stphilipmilwaukee.com for more details on events, newsletters, bulletins, calendars and pictures as well as email addresses for all staff.

Illness Reminder - Students who are sick and/or displaying symptoms of illness should not come to school. If you are in doubt, keep your child out for a day. A child with a fever should not return to school until 24 fever-free hours have passed without the aid of medication.

Absent/Late Students – If your child will be absent or tardy, please contact the office at 414-263-7614 or email - splsoffice@stphilipmilwaukee.com It is very important that you notify us.

Winter Clothes: We will plan to go outside for recess most days during the winter, weather permitting. Please make sure to send along outdoor winter clothing with your children (snow pants, boots, hats, mittens/gloves, coats, etc.)

Please note – Students may wear boots to school but should bring a pair of tennis shoes to change into in order to participate in Physical Education class or in the event that recess needs to be held in the gym. Thanks.



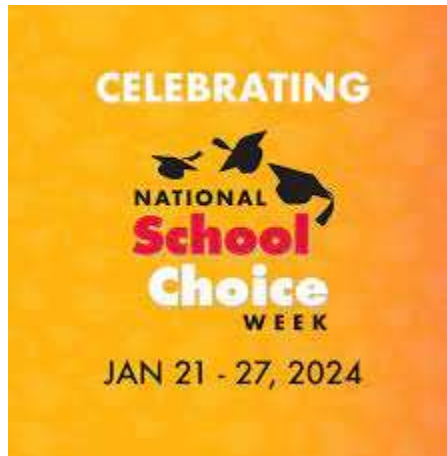
School Snow Closing Policy

Closings are announced on radio station **AM 620 WTMJ** or **TV station TMJ4** as well as **FOX 6, CBS 58 and WITI Channel 12**. St. Philip's is automatically closed if **Wisconsin Lutheran High School** is closed for snow or cold. Listen to the radio or TV! Teachers will also call their students if we have an accurate phone number for your child. We will also post to Facebook as well as send an email to all families. Once the school day has begun, classes will be conducted for the remainder of the school day except in the case of extreme emergency.

Word of Mouth Promoting

School families are St. Philip's best promoters. If you know of someone looking for Christian education for their child, please have them contact Mr. Schapekahm at 414-659-4688 or Mrs. Allard at 414-263-7614 for more information about St. Philip's Lutheran School.

If you refer a new family and they enroll and stay at St. Philip's for the first quarter of our next school year, you will receive a thank-you of \$100. Ask about our new family referral program.



In 1990, Milwaukee became a pilot for a new program that allowed parents to choose the school their children will attend. Under “Choice” the dollars designated to educate a child would follow an eligible student to the school the family had chosen. Since the 1999-2000 school year, St. Philip’s is one of over 130 schools participating in the Milwaukee Parental Choice Program which currently enrolls over 27,000 students.

St. Philip’s has also joined the Wisconsin Parental Choice program that allows students outside of Milwaukee to select St. Philip’s Lutheran School.

National School Choice Week shines a spotlight on the positive outcomes that students have achieved through the Choice programs. St. Philip’s is grateful for the expanded way “Choice” has allowed us to serve the families in our neighborhood and beyond.



High School Enrollment

For students in 8th grade, February is a very important month. It is the ONLY month that many high schools in Milwaukee enroll students for the Milwaukee Parental Choice Program. If you do not enroll in February your child will not be able to get a seat at many schools. Wisconsin Lutheran High School and many others fill up in February. If you have questions, concerns, or would like help please contact Mr. Schapekahn.



January Birthday's

India-Armani Jenkins-Webster – January 9
Mrs. Moldenhauer – January 16

Khalia Reyes – January 15
Deavion Petty – January 28

Faculty and Staff of St. Philip's Lutheran School

Pastor Raymond Kimbrough	rkimbro500@aol.com
Principal Jason Schapekahm	jschapekahm@stphilipmilwaukee.com
Ms. Lisa Chamberlain	lchamberlain@stphilipmilwaukee.com
Mrs. Rebecca Hengst	rhengst@stphilipmilwaukee.com
Mrs. Claire Vogel	cvogel@stphilipmilwaukee.com
Mrs. Hayley Moldenhauer	hmoldenhauer@stphilipmilwaukee.com
Ms. Sarah Enstad	senstad@stphilipmilwaukee.com
Mrs. Amanda Berg	aberg@stphilipmilwaukee.com
Mrs. Barb Allard	ballard@stphilipmilwaukee.com
School Office	splsoffice@stphilipmilwaukee.com



***BREAKFAST IS SERVED EVERYDAY FROM 7:30AM – 7:55AM.
Cereal, fruit, graham crackers and milk.
All students eat for free!***



4th & 6th Grade "Make A Splash" - Thursday, March 14

On Thursday, March 14, Mrs. Schuessler and Mr. Wetzel welcome all 4th and 6th graders and at least one parent/guardian (mandatory) to attend their FREE annual "Make a Splash" event at Springs Water Park (formerly Country Springs Water Park) in Pewaukee. A formal parent presentation will take place from 6:00-7:00 p.m., and students are welcome to use the water park from 4:30-9:00 p.m. Click [here](#) to register by Thursday, March 7!

We've been noticing students who are tired during the school day – Here's some suggestions for getting good sleep at night!!

Healthy Sleep Habits for Kids

Do you know how much sleep your child needs? The [American Academy of Sleep Medicine \(AASM\)](#) has guidelines for the amount of sleep children should get. The guidelines are updated with the latest available science and are endorsed by the American Academy of Pediatrics. The current guidelines are:

- Preschoolers (3 to 5 years): 10 to 13 hours (including naps)
- School-Aged (6 to 12 years): 9 to 12 hours
- Teens (13 to 18 years): 8 to 10 hours

If your child is not getting enough sleep, it can affect their ability to grow and learn, so we have put together a list of healthy sleep habits to increase the amount of sleep your child gets each night.

1. Keep to a Nightly Routine

One of the most important healthy sleep habits for kids is to maintain a nightly routine. Set a bedtime using the above sleep guidelines and be firm about it. Their routine should include bathing, brushing teeth, quiet time (that may include a story), and getting into their own bed.

2. Put Them to Bed While They're Awake

As part of your child's nightly routine, he or she should be awake when they get in bed. Letting them fall asleep in front of the TV or in your own bed is a bad habit. Every once in a while might not hurt, but they need to learn to fall asleep in the same place every night and consistency is key.

3. Cut off Screen Time

Research has shown that watching screens like TVs, phones, tablets, and computers can disrupt sleep even after they've put the device down. Putting a TV in your child's room is highly discouraged, and you should have a curfew for older kids with their own phones and computers. All screen use should be stopped at least an hour before bedtime.

4. Schedule Quiet Time Before Bed

Since you're already turning off devices an hour before bed, you can set aside that time each night for a calm down period. This can create a smooth transition to bedtime. Screens are off-limits, but your child can read or listen to some soft music on a low volume. Those with packed schedules may want to combine quiet time with bath time and other bedtime preparations.

5. Avoid Caffeine Later in the Day

It's a good idea to limit caffeine for young children in general, but it is even more important later in the day because it can interrupt the sleep schedule. Watch out for products that contain caffeine after lunchtime.

6. No Going to Bed Hungry (Or Too Full)

Being hungry can interfere with sleep, but so can being too full. Offer kids light snacks like cereal or fruit before bed. Avoid heavy meals at least an hour before bedtime. Some children will use hunger or thirst as a stalling tactic to delay bedtime. To avoid this, make it part of your routine to ask your child if he or she is hungry before you start their bedtime routine.

7. No Playing in Bed

Your child's room should be an environment that encourages sleep. When it's time for bed, the bedroom should be quiet, at a comfortable temperature (70-75° F), and dark. During the day, your child's bedroom may be used for play if there aren't other alternatives. Even if that is the case, the bed should be off-limits for everything but quiet time and sleep. They need to learn that the bed is a place for rest. Limit toys in bed to a favorite stuffed toy, doll, or another comfort item. Again, do not put a TV in your child's bedroom.