

ST. PHILIP'S LUTHERAN SCHOOL LUNCH MENU– September 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL – LABOR DAY	4 Beef hot dog Whole grain bun Baked beans Fruit milk	5 Baked chicken drumstick Brown rice Spinach Fruit Whole wheat bread milk	6 Mac & Cheese Green Beans Whole grain bread Fruit milk	7 Turkey & cheese sandwich Whole grain bun Steamed carrots Fruit milk
10 Hamburger Whole wheat bun Whole kernel corn Fruit	11 BBQ chicken on a Whole grain bun Baked beans Fruit	12 Spaghetti w meat sauce Sweet peas Whole grain Fruit	13 Sliced turkey ham Mashed potatoes Steamed carrots Whole grain carrots Fruit	14 Pizza or Pizza dippers Romaine salad w Italian dressing Fruit
17 Chicken patty Whole grain bun Mixed vegetables Fruit	18 Beef hot dog Whole grain bun Vegetarian beans Fruit	19 Baked Chicken drumstick Brown rice Spinach Whole wheat bread Fruit	20 Mac & Cheese Green beans Whole wheat bread Fruit	21 Turkey & cheese sandwich Whole grain bun Steamed carrots Fruit
24 Hamburger Whole wheat bun Whole kernel corn Fruit	25 BBQ chicken on a Whole grain bun Baked beans Fruit	26 Spaghetti w meat sauce Romaine salad w Italian dressing Whole wheat bread Fruit	27 Sliced turkey ham Mashed potatoes Steamed carrots Fruit	28 NO SCHOOL
<i>Fat-free chocolate or white milk is served with every meal.</i>				<i>This institution is an equal opportunity provider.</i>

BREAKFAST IS SERVED EVERYDAY FROM 7:00AM – 7:35AM
 Cereal, fruit, graham crackers and milk. All students eat for free!

