

ST. PHILIP'S LUTHERAN SCHOOL LUNCH MENU – OCTOBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>This institution is an equal opportunity provider.</i>	<i>Fat Free White or Chocolate Milk is served with each meal.</i>	<i>Menu is based on product availability and is subject to change.</i>		
3 Beef Hot Dog on a Bun, Baked Beans, Fruit Milk	4 Chicken Patty on a W/G Bun, Mexicali corn, Fruit Milk	5 Ham & Cheesy Potato Casserole, Green Beans, Fruit, Bread, Milk	6 Sliced turkey Brown Rice Spinach Whole grain bread Fruit, Milk	7 Hamburger on a bun, Corn, Fruit, Milk
10 NO SCHOOL	11 Turkey tetrazzini Sweet peas Whole grain bread Fruit, Milk	12 Chicken nuggets, Rice, Steamed Broccoli, Fruit, Milk	13 Spaghetti w/meat sauce, Peas, Fruit, Bread, Milk	14 Beef hot dog on w/g bun Baked beans Fruit, Milk
17 Macaroni & Cheese, Green Beans, Fruit, Bread, Milk	18 BBQ chicken drumstick Baked beans Coleslaw Fruit, Milk	19 Chicken patty on a w/g bun Steamed carrots Fruit, Milk	20 Nacho's with cheese & meat, Corn, Fruit, Milk	21 Pizza, Peas, Fruit, Milk
24 Beef hot dog on w/g bun Baked beans Fruit Milk	25 Turkey tetrazzini Sweet peas Whole grain bread Fruit, Milk	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL
31 Turkey & cheese sandwich Whole grain bun Carrots w/ranch Fruit, Milk				

BREAKFAST IS SERVED EVERYDAY FROM 7:30AM – 7:55AM
Cereal, fruit, graham crackers and Milk. All students eat for free!