

ST. PHILIP'S LUTHERAN SCHOOL

LUNCH MENU – NOVEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 NO SCHOOL – Faculty In-Service
4 Chicken Tetrazzini Steamed carrots w/g bread Fruit Milk	5 Hamburger on a w/g bun Whole kernel corn Fruit Milk	6 Macaroni & Cheese Spinach Whole grain bread Fruit Milk	7 BBQ Baked Chicken Vegetarian Beans Potato salad Fruit Milk	8 Nachos w/ meat & cheese Nacho chips Mexicali corn Fruit Milk
11 Spaghetti w/ meat sauce, peas & carrots, w/g bread Fruit Milk	12 Chicken Nuggets Rice Steamed broccoli Fruit Milk	13 Beef hot dog on a w/g bun Vegetarian beans Fruit Milk	14 Turkey & Cheese on w/g bread w/ romaine lettuce leaf, tomatoes, carrots Fruit Milk	15 Turkey w/gravy Mashed Potatoes Green beans w/g bread Fruit Milk
18 Chicken Tetrazzini Green Beans Whole grain bread Fruit Milk	19 Hamburger on a w/g bun Whole kernel corn Fruit Milk	20 Macaroni & Cheese Spinach Whole grain bread Fruit Milk	21 BBQ Baked Chicken Vegetarian Beans Potato Salad Fruit Milk	22 Nachos w/ meat & Cheese Nachos chips Mexicali Corn Fruit Milk
25 Spaghetti w/ meat sauce, peas & carrots, w/g bread Fruit Milk	26 Chicken nuggets Rice Steamed broccoli Fruit Milk	27 NO SCHOOL – Thanksgiving Break	28 NO SCHOOL - HAPPY THANKSGIVING	29 NO SCHOOL – Thanksgiving Break
This institution is an equal opportunity provider.				Fat-free white milk or fat-free chocolate milk is served with every meal.

BREAKFAST IS SERVED EVERYDAY FROM 7:00AM – 7:30AM.
Cereal, fruit, graham crackers and milk. All students eat for free!