

St. Philip's Lutheran School LUNCH MENU– November 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Patty on a whole grain bun Mixed vegetables Fruit Milk	2 NO SCHOOL – REPORT CARD CONFERENCES
5 Turkey or Ham & cheese sandwich Whole grain bun Fresh carrots Fruit Milk	6 Spaghetti w/ meat sauce Sweet peas Whole grain bread Fruit Milk	7 BBQ chicken sandwich Whole grain bun Vegetarian beans Fruit Milk	8 Turkey w/ gravy Brown Rice Spinach Whole grain bread Fruit Milk	9 Nachos w/ meat & cheese Whole kernel corn Fruit Milk
12 Beef hot dog on w/g bun Baked beans Fruit Milk	13 Taco Casserole Sweet peas Whole grain bread Fruit Milk	14 Chicken nuggets Brown rice spinach Fruit milk	15 Mac & Cheese Green beans Whole grain bread Fruit Milk	16 Pizza or Pizza dippers Fresh carrots Fruit milk
19 Turkey or Ham & cheese sandwich Whole grain bun Fresh carrots Fruit Milk	20 Spaghetti w/ meat sauce Sweet peas Whole grain bread Fruit Milk	21 NO SCHOOL	22 HAPPY THANKSGIVING NO SCHOOL	23 NO SCHOOL
26 Beef hot dog on a w/g bun Baked beans Fruit Milk	27 Taco Casserole Sweet peas Whole grain bread Fruit Milk	28 Chicken nuggets Brown rice spinach Fruit milk	29 Mac & Cheese Green beans Whole grain bread Fruit Milk	30 Pizza or Pizza dippers Fresh carrots Fruit milk
			<i>Fat Free White or Chocolate Milk is served with each meal.</i>	<i>This institution is an equal opportunity provider.</i>

BREAKFAST IS SERVED EVERYDAY FROM 7:00AM – 7:35AM

Cereal, fruit, graham crackers and Milk. All students eat for free!