


ST. PHILIP'S LUTHERAN SCHOOL
APRIL 2018
LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 2	3	4	5	6
9 Pizza or Pizza dippers w/marinara sauce Steamed carrots Sweet peas Fruit & Milk	10 Sliced turkey ham w/potatoes Seasoned spinach Whole grain bread slice Fruit & Milk	11 Whole grain nacho chips Taco meat w/cheese sauce Mexicali corn Refried beans Fruit & Milk	12 Chunky chicken tetrazzini Mixed vegetables Whole grain bread slice Fruit & Milk	13 BBQ chicken patty Whole grain bun Hearty baked beans Creamy coleslaw Fruit & Milk
16 Sliced Turkey American cheese slice Mayo packet Steamed carrots Whole grain bun Fruit & Milk	17 Italian spaghetti w/meat sauce Romaine Salad w/tomato, Cucumber and low-fat dressing Whole grain bread Fruit & Milk	18 Chicken fajita Whole grain tortilla Black beans & corn Whole grain pasta Fruit & Milk	19 Oven baked chicken Seasoned spinach Rice pilaf Whole grain bread slice Fruit & Milk	20 Beef Hot Dog Whole grain bun Vegetarian baked beans Broccoli florets w/ranch Creamy coleslaw Fruit & Milk
23 Turkey meatball sub Marinara sauce Whole grain roll Coined carrots Fruit & Milk	24 Sliced turkey w/gravy Rice medley Seasoned spinach Whole grain bun Fruit & Milk	25 Texas tacos (w/g hard shell) Shredded cheddar cheese Iceberg lettuce Taco sauce & low- fat sour cream Mexican refried beans Fruit & Milk	26 BAG LUNCHES FOR ALL STUDENTS – SCHOOL WILL PROVIDE	27 NO SCHOOL
30 Turkey club sub w/mayo Whole grain bun Baby carrots w/ranch Ice cream Fruit & Milk	This institution is an equal opportunity provider. Fat Free White or Chocolate Milk is served with each meal <i>BREAKFAST IS SERVED EVERYDAY FROM 7:00AM – 7:35AM</i> Cereal, fruit, graham crackers and milk. All students eat for free!			